

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™

VETERANS OF FOREIGN WARS AUXILIARY

*Members of the VFW Auxiliary
are the relatives of those who
have served in overseas combat.*

*For more than 100 years, we have
been serving veterans, the military,
their families and our communities in
honor of the sacrifices and
commitment of every man and
woman who has served in uniform.*

www.vfwauxiliary.org

[Facebook.com/VFWAuxiliary](https://www.facebook.com/VFWAuxiliary)

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8 Ways You Can Help

1. Fundraise for VFW programs that benefit veterans, active-duty military and their families.
2. Volunteer at a VA Medical Center, Nursing Home or Veterans Home.
3. Spread the word about PTSD and promote military and veteran suicide awareness.
4. Participate in events or projects that assist homeless veterans.
5. Be a voice for veterans locally and on Capitol Hill; contact legislators about legislation that impacts veterans and their families.
6. Spread patriotism and educate your community about America's patriotic holidays.
7. Offer youth scholarships and educate youth about the American Flag.
8. Educate others about what the VFW Auxiliary does for veterans, active-duty military and their families.